**Karate Instructor**

The City of Albany opened its Community Centers with karate instruction for youth in an effort to reduce recidivism in the City of Albany. It provides youths with a complete karate program. The Centers are open from ____ to _____ (hours of operation). The number of youth served _____.

The karate instruction staff consists of a karate instructor and recreation aide(s).

The Karate Instructor position requires substantial knowledge in the instruction and training of youth on the techniques and skills in the art of karate and is responsible for the overall design and implementation of karate programs in addition to instruction.

The Karate Instructor must have a working knowledge of karate infrastructure.

**Weightlifting Instructor**

The City of Albany opened its Community Centers with weightlifting instruction for youth in an effort to reduce recidivism in the City of Albany. It provides youths with a complete weightlifting program. The Centers are open from ____ to _____ (hours of operation). The number of youth served _____.

The weightlifting instruction staff consists of a weightlifting instructor and recreation aide(s).

The Weightlifting Instructor position requires substantial knowledge in the instruction and training of youth on the techniques, skills and rules in the art of weightlifting and is responsible for the design, plan, implementation and promotion of weightlifting programs in addition to instruction.

The Weightlifting Instructor must have a working knowledge of weightlifting program design and implementation.